

# Plymouth Vineyard Mentoring

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# Objectives for today

1. To understand the role of mentoring in spiritual growth for yourself and others.
2. To know what to expect if you enter a mentoring relationship.
3. To address any barriers that may get in the way.

# Ground Rules

- Be present & participate
- Keep an open mind
- Listen to & respect others
- Ask questions (at pause points or as we go along, if you feel that the question is apt for the moment).
- Use what you learn

# Why look at mentoring?

- Mentoring helps you to become who God created you to be, finding Him in your daily life, in others and in difficult circumstances.
- It helps you learn from mistakes and have fewer regrets.

# Mentoring in Acts

- Barnabus a member of the church in Jerusalem
- Saul is converted, but everyone is afraid of him.
- Barnabus sees that God has been at work in Saul.
- Barnabus then starts the process by meeting Saul and taking him to the church.
- Barnabus then takes a risk to invest in Saul- taking him on journeys with him, encouraging him to step into what God is doing.
- Saul (now Paul) starts mentoring others, including Timothy, Silvanus and Titus.

Mentoring is walking with someone to encourage the work God is already doing in them.

As people invest in us, we invest in others

# Practicalities

*Each walk is different- we have different people, life stages and situations. Mentoring will reflect this for different people.*

- **Supporting** and asking questions, rather than judging or directing.
- **Kingdom focussed**, both of you listening to and obeying Jesus.
- **Intentional**, with clear goals, boundaries & expectations.
- **Planned** & regular (for a set period of time).

# Supporting

*Each walk is different- we have different people, life stages and situations. Mentoring will reflect this for different people.*

- Listen well
- Respond pastorally- this person is sharing a gift with you.
- Ask good questions & encourage them to come up with answers, rather than you. (They should do over 60% of the speaking).
- Follow up- make notes if needed (remember GDPR)



# Good Questions

*Each walk is different- we have different people, life stages and situations. Mentoring will reflect this for different people.*

1. What are you celebrating?
2. What are you struggling with?
3. What is God doing in that?
4. What do I need to do as a result?
5. What can I be praying for?

# Activity- have a go!

In groups of 3 have have a go at the questions.

One person asking, one answering, one observing.

Feedback what went well.

1. What are you celebrating?
2. What are you struggling with?
3. What is God doing in that?
4. What do I need to do as a result?
5. What can I be praying for?

# Kingdom Focussed

*Each walk is different- we have different people, life stages and situations. Mentoring will reflect this for different people.*

- Pray for them.
- Listen to what God is saying, & share it.
- Encourage them to pray, listen and hear God for themselves.
- Ask them good questions about their relationship with God.

# Intentional

*Each walk is different- we have different people, life stages and situations. Mentoring will reflect this for different people.*

- Agree aims/goals for the mentoring sessions (where would you like to be in 6 months?)
- What would a win look like?
- What are the expectations of the mentor/mentee?
- Aim to invest in others just like Paul in Acts.

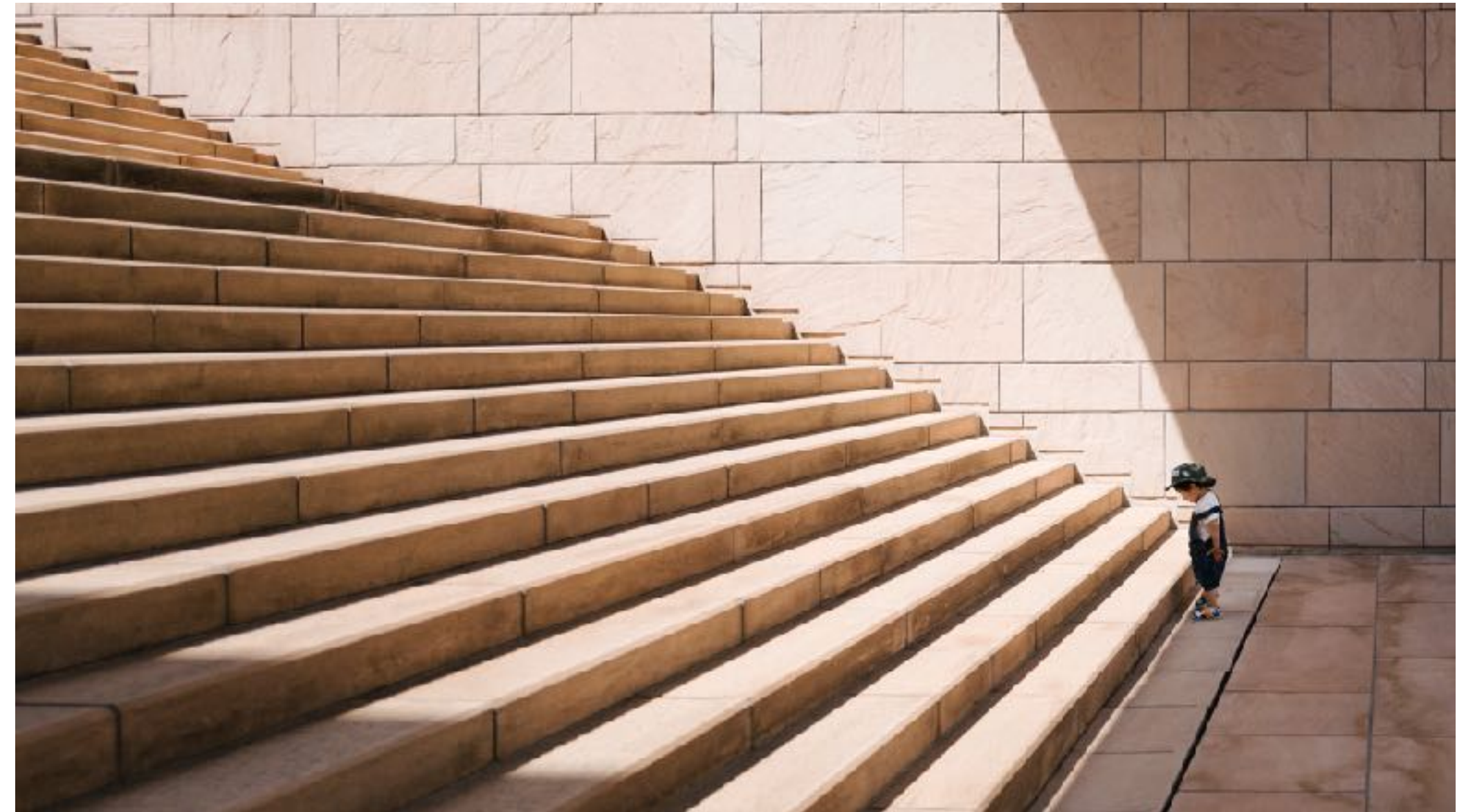
# Planned

*Each walk is different- we have different people, life stages and situations. Mentoring will reflect this for different people.*

- How often are you going to meet? Do you need to plan the dates far in advance?
- What is suitable contact? How often, and what times and days?
- How long are you going to be in this mentoring relationship for?
- What if it isn't working?

# Challenge

**To have 15-20  
mentoring  
relationships in  
Plymouth Vineyard by  
June.**



**Challenge: 15-20  
mentoring relationships  
by June**

## **Activity- what are the barriers to this?**

- In groups, come up with the 4 main benefits of this goal.
- Then agree the 4 main barriers to this being achieved.
- Feedback to the whole group.

**Challenge: 15-20  
mentoring relationships  
by June**

# Activity- what do we need to do?

- Get into 2 groups and agree what 2-3 things you need to do to overcome these barriers.
- Feed back to the other group and agree between the two groups what your 2-3 main things should be and why.



**Challenge: 15-20  
mentoring relationships  
by June**

# Activity- what next?

- What 2-3 steps do you personally need to take as a result of this discussion?
- Who can help?
- What will a win look like?



**What have you learned today?  
What are you going to do as a result?**

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# Thank you

If you want to find out more about coaching, teamwork, conflict management or speaking at events, please contact me on [vicki@multiplycoaching.com](mailto:vicki@multiplycoaching.com)

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