

1 Part of creation

Genesis 2:15-17

Which two types of boundaries have been established by God here in the Garden of Eden?
Do you think the Haynes manual is a good metaphor for the Bible?

2 What

dictionary definition: A line which marks the limits of an area; a dividing line.

psychologist definition: "Boundaries define what is me and what is not me," psychologists Henry Cloud and John Townsend write. "A boundary shows me where I end and someone else begins, leading me to a sense of ownership. Known what I am to own and take responsibility for gives me freedom."

skin
distance
consequences

words
truth
time

3 Read Galatians 6:2-5

- a) How should we be responsible to others? How is this different from responsible for others?
- b) How can we be responsible for ourselves according to this passage?

4 How

- a) response-ability (being proactive)
- b) circle of influence
- c) freedom
- d) God can restore and rebuild your boundaries
- e) we can help others in this process

When considering what is within your control and influence, which of the following areas do you find hard to take responsibility for?

Feelings
Behaviours
Values
Talents
Desires

Attitudes and beliefs
Choices
Limits
Thoughts
Love

5 Some wisdom

Proverbs 4:23 Above all else, guard your heart, for everything you do flows from it.

Proverbs 25:28 Like a city whose walls are broken down is a man who lacks self-control.