

**Acceptance**

Deliberate and ready reception with a favourable positive response

**Affection**

To communicate care and closeness through physical touch

**Appreciation**

To communicate with words or feelings a personal gratefulness for another

**Approval**

Expressed commendation; to think and speak well of

**Attention**

To take thought of another and convey appropriate interest and support; to enter into another's 'world'

**Comfort (empathy)**

To come alongside with word, feeling and touch; to give consolation with tenderness

**Encouragement**

To urge forward and positively persuade toward a goal

**Respect**

To value and regard highly; to convey great worth

**Security**

Confidence of harmony in relationships; free from harm

**Support**

Come alongside and gently help carry a load

Taken from '*Top 10 Intimacy Needs*' by Dr David Ferguson & Dr Don McMinn